



# ANAISPA

& W E L L N E S S

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MENU

Dear guests,

With immense pleasure, we invite you to discover AnaiSpa, the signature SPA of Locanda Le Piazze. Here, every detail is designed to create a restorative escape, allowing time to slow so you can rediscover inner balance and embrace profound well-being.

AnaiSpa is a sensory oasis, where soft light, delicate Comfort Zone fragrances, and the expert touch of our professionals unite with natural products for a truly unique experience. Each treatment is designed to rejuvenate both body and mind in harmonious flow.

This is a space to slow down, reconnect, and allow restoration to unfold naturally amid Tuscany's serene beauty.

We welcome you to our SPA, where wellness is approached with care and dedication.

With love,

Anna & the Team



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# MICROMOMENTS

## Eye recovery

Regenerating anti-aging eye treatment.

20 min. | 60



## Foot massage

30 min. | 90

## Lymph flow

Gentle treatment for men and women that stimulates the lymphatic system, promotes circulation and drainage, reducing retention, heaviness, and swelling.

30 min. | 90



## Back and neck massage

Decontracting massage for the head, neck and back. Ideal for men.

30 min. | 90





## FACE TREATMENTS

### Pro-lift

50 min. | 140

Firming, replumping anti-aging face and neck treatment. Combined with specific Kobido techniques, it restores fullness and redefines the volume of the face.

### Hydra glow

50 min. | 140

Inspired by cryotherapy with the use of ice rollers, it provides optimal hydration to the skin in all climates thanks to the unique combination of hyaluronic acid and prickly pear extract from regenerative agriculture.

### Remedy

50 min. | 140

Renewing, fortifying, and soothing, ideal for sensitive, fragile, and redness-prone skin. Helps detoxify and gives health and beauty to the skin.

### Beard reset

50 min. | 150

Men's facial treatment focused on the beard, purifying, hydrating, and revitalizing both skin and hair. Prevents irritation, leaving the beard softer, well-groomed, and healthy from the first session.

# BODY TREATMENTS

## Double peel body

50 min. | 140

Thorough and deep revitalization for compact and smooth skin thanks to chemical and mechanical peeling and an anti-age nourishing mask.

## Signature treatment

50 min. | 150

Following full consultation with one of our expert therapists, enjoy a massage customized entirely to your needs and preferences.



# SPECIAL MASSAGES

## Tranquillity ritual

50 min. | 140

This ritual combines an innovative acupressure massage with essential oils known for their powerful relaxing properties. A true moment of pleasure, especially recommended after 6:00 PM, as it helps promote restful sleep.

## Aromatherapy

50 min. | 150

Customized aromatherapeutic massage thanks to the choice among four blends of essential oils inspired by the ancient East, the Mediterranean Sea, Arab culture, and the Indian world.

## Total body massage

50 min. | 150

Total body decontracting treatment.

## Hot stone massage

50 min. | 150

Original ritual with hot stones and essential oils that relieves muscle tension and promotes deep relaxation. Bookable only 24 hours in advance.



# HOLISTIC MASSAGES

## Tibetan sound massage ♥♥♥

A rejuvenating experience that combines the vibrations of Tibetan singing bowls with manual techniques, offering deep and harmonious well-being.

60 min. | 160



## Continent massage ♥♥

A unique sensory journey that blends the world's finest techniques: Californian, Reiki, Lomi Lomi, Swedish, Tuina, acupressure, and Ayurvedic massage. A two-phase ritual, detoxification and purification, to restore harmony and deep well-being.

60 min. | 160



## Reiki touch ♥

A total relaxation experience that uses Reiki energy to restore balance between body and mind.

50 min. | 150





## ME & YOU

### Percorso SPA

1 h. | 35

This service is not exclusive and may be used by other guests, including Finnish sauna, soft sauna, jacuzzi, relax area with tea.

### Private SPA

Exclusive use 2 h. | 390

Indulge in an exclusive wellness escape with our Private Spa Experience. Choose two face or body rituals and treat yourself to an aperitif with Prosecco and appetizers. Relax in the Finnish sauna, soft sauna, and panoramic Jacuzzi. End your journey in the relaxation area. A moment of pure harmony and serenity awaits you.

### The ultimate luxury experience

Exclusive use 2.5 h. | 560

Indulge in two personalized face and body rituals and treat yourself to an aperitif with a bottle of Prosecco and delicious appetizers. Extend your relaxation in the Finnish sauna, soft sauna, and panoramic Jacuzzi while enjoying breathtaking views. Complete this sensory experience in the relaxation area. An unparalleled experience, dedicated to those who desire only the best.

# ANAI PROGRAMS

## Chianti outdoor experience

60 min. | 200

An exclusive massage immersed in the beauty of the Chianti hills. Outdoors, with a breathtaking view of the Tuscan countryside, let yourself be embraced by the gentle breeze, the sounds of nature, and the expert touch of our hands. A unique sensory experience where relaxation and landscape blend into a moment of pure regeneration.

## Before "I do"

180 min. | 350

Our special SPA treatments include a revitalizing facial ritual, manicure, pedicure, and a full-body illuminating massage. A perfect preparation to shine on your special day.



## FINISHING TOUCHES

SPA manicure	40 min.   70
SPA pedicure	50 min.   80
Hair removal — Upper lip	40
Hair removal — Arms	50
Hair removal — Under arms	50
Hair removal — Bikini area	55
Hair removal — Half leg	70
Hair removal — Full leg	90

# OUR PHILOSOPHY

## Appointments

Treatments are subject to availability; we recommend scheduling an appointment before your arrival.

Appointments for guests under 17 years old must be arranged by a parent, who must also accompany them.

## Cancellations

To avoid partial or full cancellation fees, please cancel or reschedule your appointment at least 24 hours in advance.

## Arrival

We kindly ask you to arrive at least 15 minutes before your scheduled time to allow for a relaxed check-in and preparation. Out of respect for other guests, if you arrive late, we may only be able to provide the treatment for the remaining time. In such cases, the full cost of the treatment will still apply.

## Precautions

If shaving is necessary before your treatment, we recommend doing so at least two hours in advance. Before body scrub treatment, please avoid shaving your legs. Sunburn may affect the effectiveness of SPA treatments. Exercise caution and always use sunscreen.

## Well-being

For your comfort and safety, please inform us of any specific health conditions before your treatment.

## Jewelry and valuables

In general, treatments are more effective without the interference of jewelry. We advise removing necklaces, bracelets, and rings and leaving any valuables in your room.



